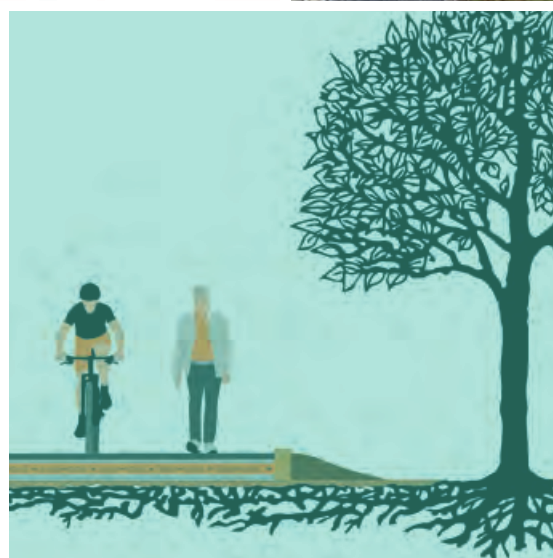
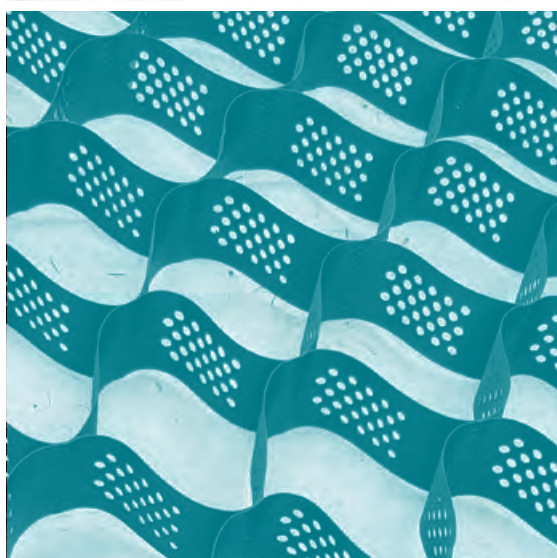
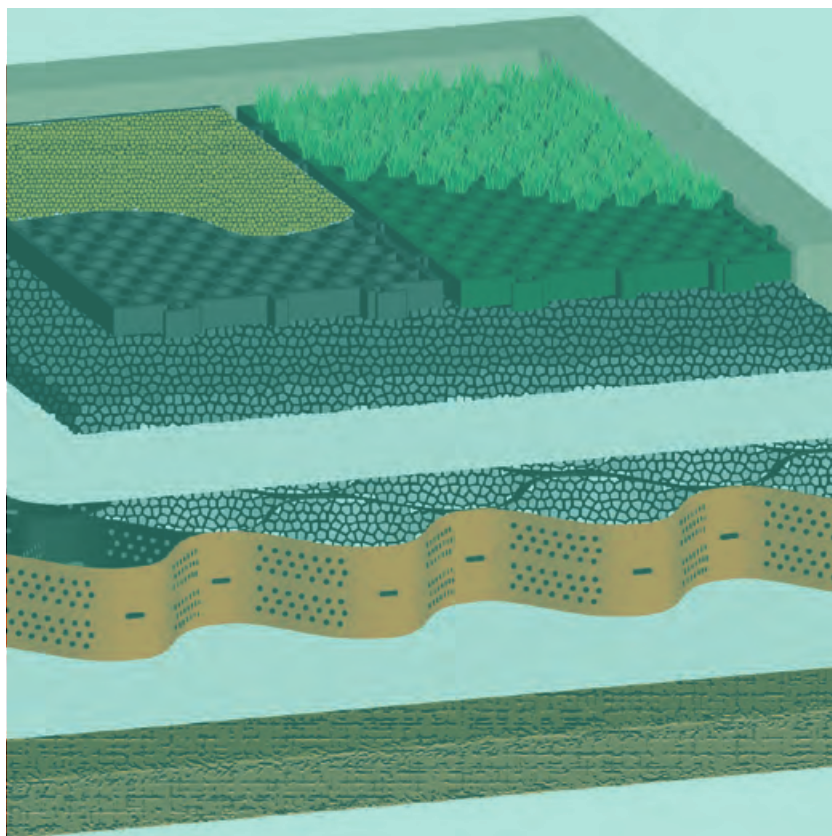


THE USE OF CELLULAR CONFINEMENT SYSTEMS NEAR TREES: A GUIDE TO GOOD PRACTICE

GUIDANCE NOTE 12



Author:
Ben Rose

Section Using cellular confinement systems for ground protection

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1.1 Introduction

1. Cellular confinement systems can be used for ground protection in areas where tree root damage would be caused by digging into the ground to lay a conventional sub-base for new hard surfacing and where the long-term viability of trees could be harmed if soil that they may depend upon is at risk of becoming compacted. Compaction can occur for many reasons but vehicles passing over unreinforced ground are particularly damaging, although repeated foot traffic can also be detrimental to soil structure.
2. Roots penetrate soil partly by growing through existing voids and partly by moving soil particles aside, and these processes are impeded in compacted ground where soils are dense and voids are small. The combination of high soil density and elevated soil strength can directly limit root growth. Roots and soil organisms use oxygen to convert organic compounds into energy through the process of respiration, and so they require a continual supply of oxygen from the above-ground atmosphere to be distributed through the soil profile via diffusion. The large pores in a well-structured soil are important avenues for gas exchange and they are lost when soils are compacted to high bulk densities. Soil compaction also reduces the rate of water infiltration, the availability of water to roots, and the root system's ability to support a healthy crown. The compaction of soil within tree root zones¹ can ultimately lead to crown dieback and a decline in tree health (Ruark *et al.* 1982). Once a soil has become compacted it is difficult to reverse the effects and restore a soil structure suitable for tree root growth; even with positive intervention, soil rehabilitation may take years to achieve.
3. Roads and pavements cannot be placed on an excessively yielding subgrade because if the ground moves the surface will deform or crack after a few load repetitions. To create a lasting load-supporting surface the standard engineering practice is to remove the upper layer of soil and lay a compacted sub-base that is capped by a durable wearing course. The final surface is usually engineered so that the top dressing is level with the surrounding ground. However, surfaces constructed in this way can cause severance of tree roots at shallow depth and future root growth can be inhibited by the soil compaction caused during the installation of the surface. One way to prevent damage to roots is to keep roads and paths away from trees, but with modern-day pressures to develop land it is sometimes deemed necessary to install new hard surfacing near to established trees. In such cases, where the adjacent trees are to be retained, the soil needs to be protected in some way.
4. The use of above-ground cellular confinement systems, or 'geocells', to install surfacing near trees has been employed in the UK for over 20 years. The accepted approach involves laying a geocell mat on a non-woven geotextile laid on the surface of the ground, filling it with clean stone aggregate, and topping this sub-base with a wearing course (see Figure 1). In recent years this approach has been regularly used in construction projects because it is considered to be an acceptable way of creating a new hard surface above tree root zones. But the use of geocells is not always a simple matter and the limitations of the approach are often misunderstood. Also, very few research studies have been conducted regarding the long-term effects of installing such surfaces on soil structure and on the health of adjacent trees.

¹ For the purposes of this document, tree root zones, or root protection areas, are considered to be the minimum area around a tree deemed to contain sufficient roots and rooting volume to maintain the tree's viability. The recommended methodology for calculating root protection areas is described in *BS5837:2012 Trees in relation to design, demolition and construction – Recommendations* and is generally a radial distance equivalent to 12 times the trunk diameter measured at a height of 1.5m. Greater separation distances are required for veteran trees. It is advised that a buffer zone around a veteran tree should be at least 15 times larger than the diameter of the tree or 5m from the edge of the tree's canopy if that area is larger than 15 times the tree's diameter. For ancient woodlands, the buffer zone should be at least 15m wide.

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5. Guidance on installing new surfacing near trees was previously provided by Arboricultural Practice Note 12: *Through the Trees to Development* (Patch & Holding 2007). The aim of this guide is to draw on the subsequent industry experience in order to provide updated guidance that will be helpful to arboriculturists, landscape architects, engineers and building contractors.



Figure 1: The basic approach to using cellular confinement systems for ground protection near trees [image courtesy of Core LP].

1.2 The concept of cellular confinement systems

6. A cellular confinement system is a series of geocells arranged in a honeycomb-like formation that is combined with an underlying geotextile and angular stone to spread loads in such a way as to minimise compaction of underlying soil. Due to its 3-dimensional structure, a geocell mat offers all-round confinement to the encapsulated material, which provides a long-term improvement in the performance of the sub-base. When a surface is reinforced in this way the load is distributed over a larger area of the subgrade-base interface, leading to lower vertical stress and reduced deformation of the subgrade (Bathurst & Jarrett 1988; Saride *et al.* 2011). Cellular confinement systems are considered to be cost effective, durable and easy to use. They also function effectively in all weather conditions (Hegde 2017). There are a variety of uses for cellular confinement systems in the construction industry, but this guidance focuses on their use when new hard surfacing is installed near trees.
7. It is relatively common for engineers to specify planar reinforcement² to improve the service life of a surface and/or to obtain equivalent performance with less depth of material. This is

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typically a 2-dimensional geogrid³ installed beneath a minimum depth of 150mm compacted stone aggregate (GMA 2000). The geogrid and the aggregate interlock and together they form a composite material that has better load-bearing properties than the aggregate alone. But this approach is not suited for use near trees because when the stone is compacted there is a high risk of compacting the soil beneath. Also, geogrids transfer loads via the 'tensioned membrane effect', and the stretching of a geogrid under tensile loading allows a degree of deformation which results in wheel rutting and the compaction of the subgrade beneath. Therefore, the use of geogrids alone is not recommended for installing new footpaths or roads near trees. They can, however, be installed beneath a geocell mat as a separation layer and to add extra strength.

8. In order to create a stable base for hard surfacing near trees it is recommended that

a cellular confinement system made of high-density polyethylene (HDPE) should be used. The plastic strips are ultrasonically bonded together to form a 3-dimensional matrix that can be filled with soil, sand, aggregate, or concrete (as shown in Figure 2), but when new hard surfacing is constructed over tree roots it is necessary to infill the geocells with angular stone because this type of fill increases friction between stones and enhances load spreading. In this context stone infill has the added benefit of being permeable, which allows water ingress and gaseous diffusion into and out of the soil.

9. The seam strength of the cells is critical to the durability of the system because these are often the weakest part of the system, and so products used should conform to ISO 13426-1:2003 Geotextiles and geotextile-related products – strength of internal structural junctions – Part 1: Geocells.
10. The walls of each cell should be textured to provide additional friction with the infill material. When geocells are infilled with stone aggregate a new composite entity is created that possesses enhanced mechanical and geotechnical properties.



Figure 2: An expanded geocell sheet before it has been filled with stone
[Image courtesy of Bosky Trees].

² Reinforcement is a way to improve the performance or to reduce the thickness of a flexible hard surface. Hard surfaces can be reinforced using 2-dimensional or planar reinforcement, or 3-dimensional (geocell) reinforcement, or a combination of both, to improve the performance or to reduce the base layer thickness without compromising the required level of service. For this reason, these methods are commonly used to reinforce sub-bases below roads or other structures.

³ A geogrid is 2-dimensional geosynthetic material made of polypropylene or high-tenacity polyester used to reinforce soils and similar materials. Soils pull apart under tension and, compared to soil, geogrids are strong in tension. This property allows them to transfer loads to a larger area of soil than would otherwise be the case.

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11. As with other geosynthetics used as surface or planar reinforcement, the development of resistance in a cellular confinement system is the result of different mechanisms working together to develop improved bearing capacity over soil. However, unlike 2-dimensional planar reinforcements which trigger the confinement and membrane effects, cellular confinement systems employ a third mechanism – the stress dispersion effect, which distributes the applied load over a wider area (Avesani Neto *et al.* 2013). The walls of the cells confine the infill material and hoop stresses prevent it from expanding laterally under load. Additional support is provided by the passive resistance of adjacent cells (as illustrated in Figure 3). A further benefit is that the downward pressure of the geocell mattress prevents the soil beneath from moving upward outside of the area directly beneath the load. All these properties work together to prevent ground deformation under load (i.e. wheel rutting). Experience has shown that harmful compaction of the soil around a tree can be avoided if an appropriate thickness of geocell is used for the loading and frequency of traverse experienced during its lifetime.

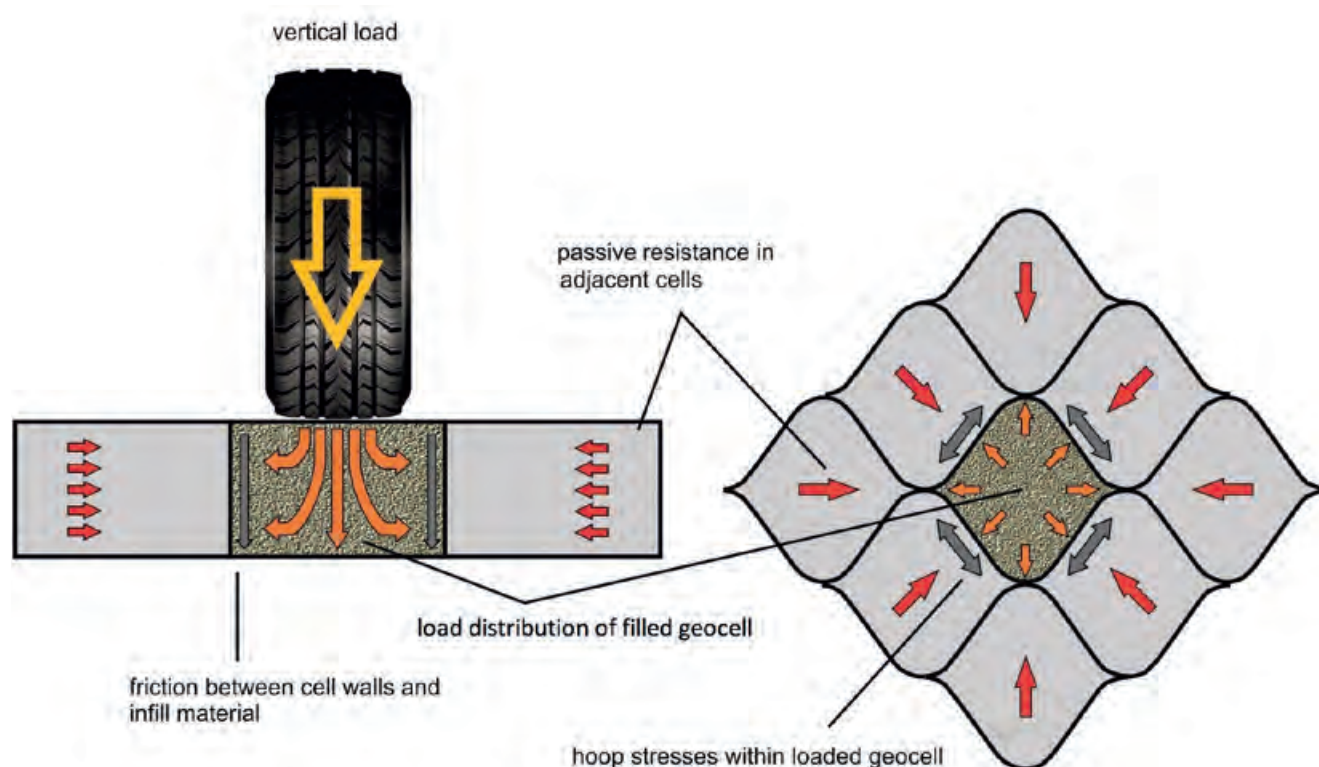


Figure 3: This diagram illustrates how forces are dispersed when a vertical load is applied to a cellular confinement system [image courtesy of Presto Geosystems/Greenfix].

12. For a cellular confinement system to function effectively it is crucial that all of the cells are fully expanded and filled to capacity. Geocells made out of flexible geotextiles are generally unsuitable for use near trees because they have a tendency to deform as they are filled with stone which impairs their dimensional stability and consequently their ability to spread the load.
13. Studies have shown that geocell foundations can provide adequate support at approximately 50% of the thickness required by non-reinforced base courses (Bathurst & Jarrett 1988). Therefore, the use of cellular confinement systems can significantly reduce the amount of material required to stabilise a soil. Sometimes this will mean that the use of a geocell sub-base is cheaper than using conventional surfacing techniques because less extensive groundworks are required and a smaller volume of new material needs to be transported to the site.

1.3 The relevance of different types of ground conditions

14. The basic approach of using a cellular confinement system over tree root zones can be prescribed by an arboriculturist, but in order to guarantee that the surface will be suitably durable the final specification should be produced or approved by a civil engineer. This may be the project engineer or an engineer from a geocell provider (such advice is a standard service provided by most UK geocell suppliers and adds little or nothing to the cost of the installation).
15. The soil conditions need to be considered when designing a cellular confinement system because the strength of the particular soil plays an important role in the effectiveness of the geocell-reinforced base. Standard recommendations for suitable geocell depths are based on a minimum subgrade California Bearing Ratio (CBR) of 3.⁴ If the ground is soft (CBR <3) an engineer should be consulted to determine if an additional sub-base is needed beneath the cellular confinement system. It is important that the project engineer has soil information prior to the surface being specified; if a site-specific soil survey is to be carried out the key information that the engineer requires is the **saturated CBR value** of the soil.
16. In most situations the majority of a tree's fine root system is located within the upper 30cm of soil (Perry 1989; Gilman 1990), and so topsoil stripping within a tree's root zone is likely to cause harmful root damage. However, the depth and nature of the soil influence where tree roots are able to grow. In deep and well aerated soils the greatest density of roots, and almost all woody roots, will be contained in the upper 60cm of soil, although some may extend to depths of 2–3m (Dobson 1995). But in shallow or waterlogged soils roots will be located just beneath ground level, and if these roots are damaged there would be greater consequences for the tree.
17. Geocell mats need to be laid on level surfaces, so sloping or uneven ground can be challenging. The recommended approach in such situations is to first install an edge restraint (as detailed in Section 2.7), followed by the base geotextile, and then add infill to the lower areas to raise the level up to the highest point (see Figure 4). Sharp sand can be used to ramp over protruding roots but deep layers of sand beneath geocells should be avoided because there is a risk that they could be eroded by water movement which may lead to surface failures. For this reason, the use of angular stone aggregate is advised (ideally this would be the same as the infill material).

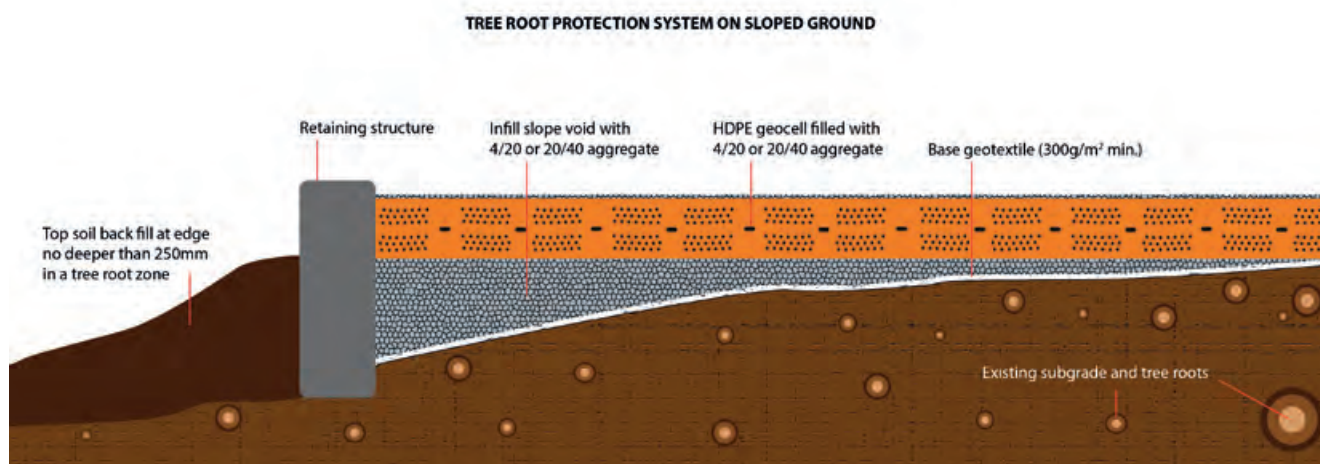


Figure 4: An example of how cellular confinement systems should be installed when the ground is sloping or uneven [image courtesy of Core LP].

⁴ It should be noted that CBR is often referred to as a number rather than a percentage, e.g. 3 rather than 3%.