

HYDE DEMOLITION UK LIMITED

TEMPORARY STRUCTURAL SUPPORT & DEMOLITION SPECIALISTS

HYDE DEMOLITION UK LIMITED IS COMMITTED TO ACHIEVING EXCELLENCE IN SAFETY MANAGEMENT. AS PART OF THIS COMMITMENT, HYDE DEMOLITION WILL PRODUCE AND INSTIGATE EFFECTIVE AND ACCURATE SAFE SYSTEMS OF WORK FOR ALL OPERATIONS TO BE UNDERTAKEN.

All works will be undertaken in accordance with the Health & Safety at Work Act 1974, and all other relevant legislation, Codes of Conduct and good working practice.

METHOD STATEMENT



Client:	John Turner Construction Group Ltd
Project Name:	Fairfield General Hospital – Nurses Residence
Project Number:	HD 8813
Site Address:	Rochdale Old Road, Bury, BL9 7TD
Prepared By:	Katie McCallum
Revision:	N/A
Date:	9th May 2023

ISSUED FROM RAGLAN STREET OFFICE SK14 2DX
TEL. 0161 339 9009

Signed by

SCOPE OF WORKS: Internal Strip Out Works and Demolition of former nurses residence buildings

COMMENCEMENT OF WORKS: W/c Monday 15TH May 2023

COMPLETION OF WORKS: PER SITE PROGRAMME

CDM REGULATIONS APPLY: YES

HSE NOTIFICATION REQUIRED: John Turner Construction Group is responsible for HSE Notification - See Permits

DATE HSE NOTIFIED: N/A

DEMOLITION CONTRACT MANAGER RESPONSIBLE PERSON ON BEHALF OF HYDE DEMOLITION UK LTD

Phil Hutchinson - 07917768221

Ric Biggins - 07811111356

SITE FOREMAN (SITE-BASED): TBA (all supervisors are SSSTS-accredited)

No. OF OPERATIVES LIKELY TO BE INVOLVED: 4 – 8 operatives

PLANT LIKELY TO BE DEPLOYED ON SITE

- Range of hand tools spanners, bars, sledgehammers etc.
- Battery Operated Tools
- Reciprocating saws
- 110V Hilti Breaker
- Pop up/podium or similar
- Wheelbarrows
- 2 x Demolition Specification excavator with attachments
- Bunded fuel bowser filled by visiting fuel tanker c/w foam fire extinguisher
- Task specific fire-fighting equipment (extinguishers, fire blankets & the like)
- Emergency equipment (spill kits etc)
- Any other items deemed necessary by HDUKL

MONITORING ARRANGEMENTS

- Site Induction
- Daily work briefing
- Weekly safety PUWER inspections to be carried out for all HDUKL tools and access equipment. All records to be kept in HDUKL office and onsite.
- Review of Risk Assessments/method statements on site
- Site manager/supervisor will monitor works throughout working shift
- Exclusion zones and signage

HYDE DEMOLITION LTD BASIC CONTROL ASSESSMENT

ASBESTOS

All HDUKL operatives hold UKATA Asbestos Awareness Training. If any suspect material is located however small, stop work **immediately**, warn others, and report it to the supervisor and John Turner Construction Group

PERMITS

John Turner Construction Group is responsible for obtaining any relevant Permits Required prior to commencement of works.. such as Section 80&81, F10 HSE Notification, hotworks

COVID-19

Workforce has been briefed on new operating procedures to mitigate chances of contracting infection on site. Information from the government and CLC has been summarised in a risk assessment accompanying this method statement.

FIRST AID PROVIDER

John Turner Construction Group responsible for First Aid on site

SITE FACILITIES ETC

Welfare facilities by John Turner Construction Group

SERVICES

John Turner Construction Group is responsible for providing an isolation certificate to HDUKL site supervisor. All services (water, gas, telephone, electricity etc.) must be disconnected, protected, maintained, and reconnected by others.

SECURITY

Security to be provided by John Turner Construction Group Ltd

LIGHTING

Where necessary, HDUKL will provide task lighting for all operatives. Additional lighting, if required, is the responsibility of John Turner Construction Group

HOUSEKEEPING

Good housekeeping will be maintained in accordance to HDUKL's Housekeeping Policy. Access and egress routes will always be kept clear of any obstructions. Debris and waste from demolition and soft strip activities will be arranged into tidy stockpiles.

ACCESS & EGRESS

Demolition and soft strip works will have restricted access and egress points. HDUKL will post signage (i.e. danger demolition in progress keep out) warning unauthorized personnel and other trades to keep out. Access and egress points will be agreed with John Turner Construction Group

SKIPS



Turners

Skip location – to be confirmed by John

Delivery of Materials & Plant

Materials and equipment will be delivered to site via road wagons and will either be self-off loading, hi-ab assisted or manually off loaded by a competent persons only.

Deliveries will be clear of all over- head gantries, services etc and must have a Banksman in attendance at all times during off-loading. Delivery drivers are to unchain etc from ground level unless the wagon / trailer has adequate guardrails wherever possible

FENCING

John Turner Construction Group is responsible for the erection of site perimeter fencing.

TRAFFIC MANAGEMENT

Drivers of all vehicles will adhere to the site traffic management plan, indicated routes and speed limits on site. Where not in place drivers will not exceed 10mph on site and a banksman in attendance during reversing and loading etc.

PPE

Operatives will wear the following:

- 1) Safety Helmets BS EN 12492:2012 & EN12492 (or similar). Chin straps used when necessary.
- 2) High visibility vests/ jackets (EN ISO 20471)
- 3) Steel capped boots
- 4) Safety goggles
- 5) Category type 2 gloves or similar for handling general mixed waste and hardcore waste (EN 388:2016)
- 6) **OR** Cut 5 resistant gloves or similar when removing glass (EN388)
- 7) Sunstrom SR100 Half Masks (Press to Check confirmed) Approved European Standard EN 140 (SR221 filters) or PAPR Equipment, such as Sundstrom SR580 Helmet and Sundstrom SR500 Fan Unit if required
- 8) Ear defenders when required.

ON COMPLETION

HDUKL will leave the site tidy and safe.

Obtain signature from John Turner Construction Group management on Completion of Works Cert. Remove all tools, equipment, fencing and signage from site

Training

HDUKL demolition operatives and soft strip specialists are all trained to industry standards. Every one of our teams are led by a SSSTS trained supervisor responsible for the following:

- Delegating tasks to CCDO trained operatives
- Coordinating dismantling procedures
- Maintaining a clean and safe site from start to finish in accordance with HDUKL's Housekeeping Policy
- Monitoring their own and their operatives' health and safety using the documents provided in their Supervisor's Health & Safety Package (SHSP)

At a minimum, all of our operatives hold CCDO or CSCS cards, PASMA and IPAF training, manual handling and abrasive wheel training. Further, all of our operatives are trained to use Sunstrom SR100 half masks and to identify suspected asbestos using their UKATA standard asbestos awareness training.

METHOD AND SEQUENCE

Description: Internal Strip out and Demolition of the formers Nurses Residence Building

Supervisor Health & Safety Package

ALL RELEVANT SERVICES TO BE DISCONNECTED PRIOR TO COMMENCEMENT OF WORKS

ALL SUPERVISOR PAPERWORK THAT REQUIRES COMPLETING WILL BE PROVIDED WITH THE SIGNED HARDCOPY OF THE RAMS ON SITE

HDUKL's supervisor will do all necessary health and safety checks prior to the commencement of works. This will include an inspection of dust masks. All operatives are provided with Sundstrom SR100 dust masks and have had face fit training. RPE maintenance records sheets are provided in supervisors' health and safety packs. The RPE Maintenance Record sheet must be handed in at the end of the week or shown upon request by management. Maintenance of dust masks is mandatory at the start of every new project and on a monthly basis thereafter.

PUWER sheets will need to be filled in prior to the use of power tools. Also, users of any tool that vibrates will be subject to the company HEF sheets (HAVs Exposure Form). These must be filled in accurately using the HAVs Timesheet provided in the supervisor's health and safety package. HEF sheets must be filled in task-to-task and handed in at the end of each working week, data contained therein will be entered into HDUKL's HAVs Exposure Record Sheet and exposure levels assessed using HSE's HAV calculator. The workforce will also have a HAV Time Chart that lists all their tools with specific EAV and ELV levels. LOLER sheets and working at height SSOWs will also be provided for operatives in the supervisor's H&S pack (SHSP).

HDUKL's supervisor will fill out the daily briefing work sheets to ensure every member of his team understands what they must remove from the premise and the job at hand. Supervisor will complete a minimum of 2 tool box talks weekly with operatives specific tasks being carried out.

CONFIRMATION FROM TURNERS IS REQUIRED THAT ALL SERVICES HAVE BEEN DISCONNECTED PRIOR TO COMMENCEMENT OF WORKS

Arisings from Strip out /Demolition works

All strip out and demolition arisings will be loaded into wheelbarrows/ bins or similar and transported along the designated route agreed by Turners and disposed of in the awaiting skip.

Dust – Throughout the duration of the strip out works regular dampening down measures with fine mist spray bottles will be implemented if required to keep dust levels to a minimum.

Dust Release and Control for Demolition - Dust release will be prevented at source wherever possible and is to be monitored by the Site Manager/Supervisor.

Removal of Plasterboard Ceilings



Competent and experienced demolition operatives will work from pop ups, tower scaffolds or similar to remove all ceiling coverings. HDUKL will use internal LOLER inspections to inspect all mobile elevated working platforms.

Plasterboard ceilings will be removed using mattocks, bars etc from the Timber ceiling battens. Once the plasterboard has been removed from the timber battens the battens will be then prised apart using similar tools as stated above.

Removal of plasterboard ceiling creates a significant amount of dust particles.

Therefore, anyone who is within the vicinity of works must have EN140 European Standard approved face protection. All HDUKL operatives will be equipped in Sundstrom SR100 Dust Masks. HDUKL's working SSSTS-accredited supervisor will organize regular intervals clear ups, in accordance to HDUKL's Housekeeping Policy. When the plasterboard has been carefully removed, operatives will use barrows and bins to transport debris along the agreed designated route for disposal into the skip.

Removal doors



Operatives will use battery operated drills to remove doors. Doors can be heavy but the task in itself is not too difficult or technical. Operatives are aware of Manual Handling procedures through their experience and training and understand that it may take further processing of doors to reduce them into smaller, lighter sections.

Alternatively, it may take two operatives to carry a door to the skip container. Again, this is circumstantial and depends on practicality e.g. access and egress, where doors are located. The supervisor will apply the method he deems safest and most practical for his operatives

Removal of Sanitaryware



Operatives are required to use various hand-held tools demolition bars, mattocks, hammers and 110 v or similar battery operated tools, to remove various fixtures and fittings i.e. removal of sinks and IPS panels in tacked where practical.

Demolition operative's may opt for a lump hammer, to break the ceramic appliances into smaller sections. This will produce sharp objects in the debris however, their 5-cut resistant gloves will protect them from this, their goggles will protect their eyes from any shard in the air and Sundstrom SR100 Half masks from dust.

Once removed released material arisings will be gathered ready for disposal from site.

Removal of Fixtuers and Fittings



The competent and experienced demolition workforce will have a range of tools and equipment at their disposal: shovels/ brushes/ mattocks/ bars/ bins and wheelbarrows.

Operatives will remove whole pieces of furniture, unless some items are too heavy or cumbersome, then operatives will dismantle them down into smaller pieces so that they can be removed in the safest and most practical way. Correct **PPE MUST BE EQUIPPED** at all times regardless of whether the task at hand appears low risk, accidents can happen at any time, doing any type of works associated with soft strip, wearing correct PPE will always protect you against unforeseen incidents.

Removal of floor coverings

Vinyl floor coverings can be removed by competent and experienced demolition operatives using a deployed manual tile lifter, or prizing tools. Regardless which is used, both will be positioned under the floor finishes to prize them up.

With the vinyl floor covering free from the floor, the material will be cut into man handling sizes using stanley knives that are fitted with sharp blades or similar. Debris will be deposited into wheelie bins and carted along the designated route to skips for subsequent removal from site.

To remove carpeting, operatives will use a utility knife and pry bar to dislodge and remove carpet tack strips. Once exposed, these tack strips will reveal several protruding nail or tack points. Operatives equipped in the necessary Personal Protection Equipment (PPE) i.e. gloves, will grasp the carpet in one corner of the room in order to begin the removal process. By pulling the loosened section of the carpet, tack strips will unhook or detach allowing the operatives to use a utility knife to cut a perpendicular towards one of the walls. Once this has been achieved, operatives will roll the carpet up in preparation for disposal off site.

Removal of Windows



This careful and delicate dismantling will begin with competent and experienced demolition workforce working from pop ups/podiums from the inside and outside of the building working progressively from onside to the other. Operatives will be equipped in all necessary PPE at all times during procedures that include removal of glass. Operatives will dismantle the windows by detaching the beads first. By doing this, operatives will be able to remove the glass in one piece, in a controlled, tidy and safe procedure. Should operatives require additional aid, suckers will be deployed to ensure glass does not shatter or smash

Once the glass has been removed operatives equipped with necessary handheld tools will break away the surrounding frame. Operatives will unclip the attachments and carefully pull the window frame from the now empty space. All the debris resulting from glass screen removal will be deposited into the awaiting skip container. Alternatively the excavator may be used if deemed appropriate.

Demolition of formers Nurses Residences

Structural Demolition by Controlled Collapse

The de-construction of the main structures within the site will be carried out using demolition specification tracked excavators.

The Demolition will begin with the demolition excavator being equipped with a rotating selecta grab, where it will reach up to the furthest point of the roof and start to remove the roof in manageable section down to ground level, where it will be further processed into awaiting skip and taken to a recycling facility. As the excavator works its way through the building taking the timber roof off, the masonry internal walls will be reduced in height safely using the selecta grab, where the demolition excavator can then safely progress through the building. As the demolition excavator works through the

structure, the hardcore material produced through the demolition will then be loaded into tippers, where that will be taken to a licensed crushing yard for further reuse.

Excavators will be fitted with demolition guards and capable of reaching the furthest point of the building yet maintaining a safe working distance. They will be equipped with a selection of interchangeable attachments utilising the Lehnhoff quick hitch system including a selector grab (clam shell demolition basket), multi-processor (combined shear and pulveriser) or rotating steel cutting shear to collapse the structures in a controlled manner in accordance with BS6187:2011

For the concrete floor exactly the same methodology as above will be used apart from when removing the concrete floor the Pulveriser and breaker attachment will be used.

Plant Operators and Banksman etc will be thoroughly briefed by the Site Supervisor on the method statement for the works prior to any works commencing. Only when the Supervisor is satisfied that all concerned have read, understood and signed the RAMS accordingly, and that all necessary safety checks have been undertaken satisfactorily, will the relevant permit/s to work be issued.

The Demolition Supervisor & Banksman will at all times be in phone and/or radio contact with the Plant Operator. During operation of the demolition plant, banks men wearing high visibility clothing will be positioned to assist the machine driver in directing the demolition, control traffic movements in a safe manner and to warn approaching traffic of the hazard ahead where deemed necessary. See Appendix A for safety zones.

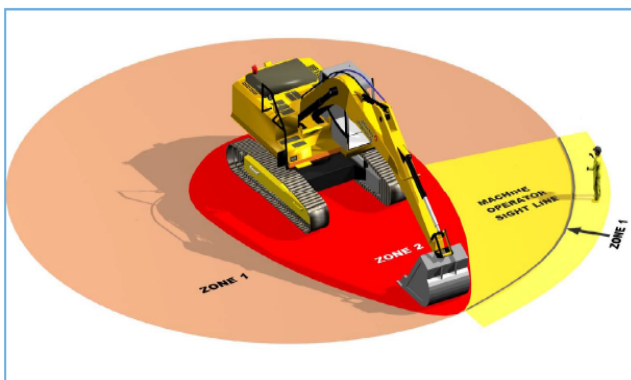
COSHH Storage & Segregation

110% bunded fuel bowsers c/w pump and nozzle will be delivered to site which will be used to fill excavators and plant. Spill kits will be made available when re-fuelling and the case of leaks etc. Bowsers will be filled by road going fuel tankers.

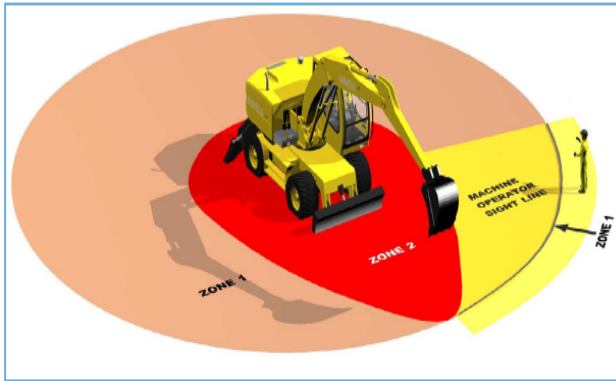
Oils and containers containing harmful liquid will be stored in secure and signposted areas in accordance with the product safety data sheet recommendations and shall be appropriately ventilated and bunded.

Gas and oxygen bottles will be stored separately in secure, ventilated and signposted areas such as cages / fenced off compounds.

Appendix A



360° tracked excavator



360° wheeled excavator



Associated Risk Assessments: RA01 (Abrasive Wheels); RA05 (COVID-19); RA06 (Carpet Removal); RA07 (Debris Removal); RA08 (Door Removal); RA10 (Dust); RA12 (Use of 360° Tracked Excavator); RA13 (Fall of Personnel & Materials); RA14 (Fire); RA17 (Glazing); RA18 (HAVS); RA19 (Non-powered Handheld Tools); RA20 (Hand Protection); RA24 (Removal of Kitchen Furniture); RA26 (Manual Handling); RA28 (Noise); RA29 (Reciprocating Saw); RA32 (Handheld Powered Tools); RA33 (Sharps); RA36 (Slips, Trips & Falls); RA37 (Spillages); RA39 (Tile and Splashback Removal); RA40 (Sanitaryware Removal); RA41 (Working at Heights); RA42 (Vehicle Control on site); RA46 (Working with fuel); RA49 (Excavators loading skips); RA52 (Existing Live services); RA53 (Demolition); RA54 (Refuelling of Plant); RA55 (Pulversing of Concrete and hardcore materials); RA56 (Working in inclement weather); RA59 (Pop Ups/Podiums)

SITE PERSONNEL

The undersigned confirm receipt of PPE and that they have received a Site Induction/Tool Box Talk including Method Statement, Risk Assessments and Health & Safety Procedures peculiar to this job, and that they fully understand the works to be undertaken and agree to abide to the Methods & Site Rules contained herein.

CONTRACT SITE ADDRESS:

SITE SUPERVISOR:

Name (please print clearly)	PPE issued ()							Signature	Date (D/M/Y)
	Hard Hat	Goggles	Ear Defender	Dust Masks	Gloves	Hi-Vis Vests	Harness		

DATE:

DAYWORKS SHEET

CLIENT:

JOB NAME:

HD NO:

JOB DESCRIPTION <i>(for example, "removal of 12m2 partitions")</i>	
WORK HOURS <i>(for example. "1nr supervisor 6 hrs, 2 nr operatives 6 hrs")</i>	
HYDE'S SIGNATURE <i>(supervisor's signature)</i>	
CLIENT'S SIGNATURE	

IT IS COMPULSORY TO FILL IN THIS SHEET AT THE END OF EACH WORKING DAY

ACCIDENT REPORTING & EMERGENCY PROCEDURES

Nearest Hospital

Fairfield Hospital



Address: Rochdale Old Rd, Bury BL9 7TD

Hours:

Open 24 hours

Emergency department: Open 24 hours

· [More hours](#)

Phone: [0161 624 0420](tel:01616240420)

Internal Procedures

In the event of an accident occurring on site, the Site Foreman will inform the Administration Department of a defined major injury. (Ensure full details are entered into the Accident Book at the site, and also in the Accident Book kept at Head Office).

The office Administrator will be responsible for ensuring that any accident is reported to the HSE and Form F2508 is properly completed and sent to the HSE along with the company's standard Accident Investigating Record Form.

If a follow up investigation is required, it will be carried out by our Health and Safety Consultant Mr Graham Carson in conjunction with the Site Foreman, Contract Managers and members of HDUKL's Administration Department.

Accident Reporting Procedure

1. Accident or near miss – report to Site Foreman.
2. Director to liaise with External Health & Safety Advisor (Graham Carson) for advice on type of accident / near miss and report procedure.
3. Graham Carson will investigate the accident.
4. Accident investigation will publish:
 - * Immediate cause.
 - * Underlying cause
 - * Root cause of incident.
5. Review of procedures to prevent recurrence of accident or near miss.

RAMS – CONFIRMATION/ ATTENDANCE SHEET

I have read this method statement, risk assessments specific to the work tasks which I am to carry out. I have brought to the attention of the supervisor any areas of the method which I do not understand and have had them explained. I understand it is my duty to ensure the safety of myself and others around me and will bring to the attention of the supervisor any unsafe work practices or conditions which come to my attention. I will wear all necessary PPE/ RPE.

Name	Signature	Date